

Best Practices to Avoid Cyber Threats

Presented by Tony DiMichele
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Hosted by
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About Tony DiMichele

Chief Security Awareness Officer
Commonwealth Financial Network

Tony and the Commonwealth team work to secure many of our technology systems, business applications, and your information against current and emerging threats.

Tony has worked with Commonwealth since 2024. He's spent over 20 years in the financial services sector where he's led enterprise information security programs and provided security consulting services.

Breach Trends

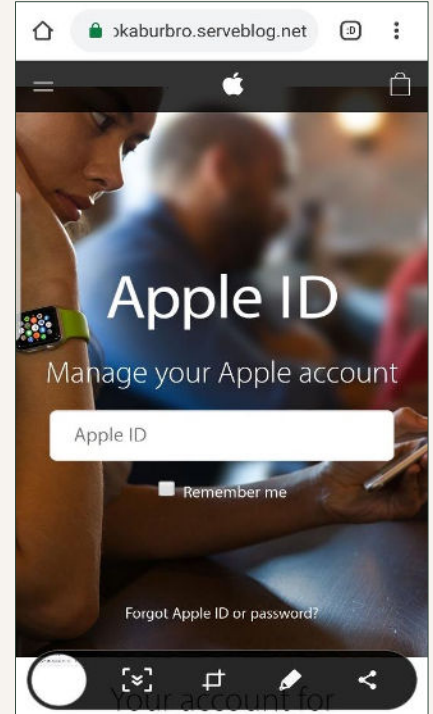
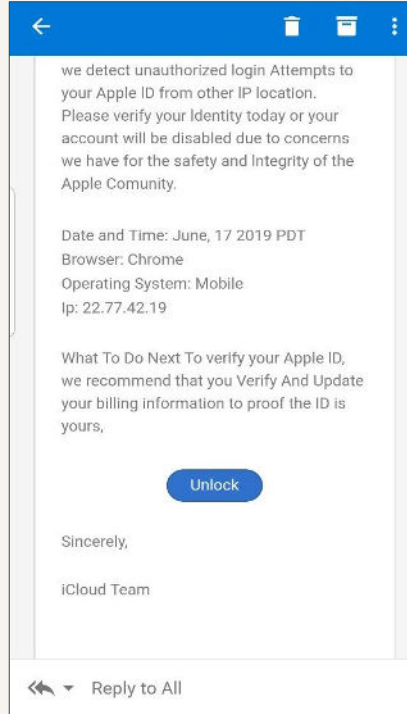
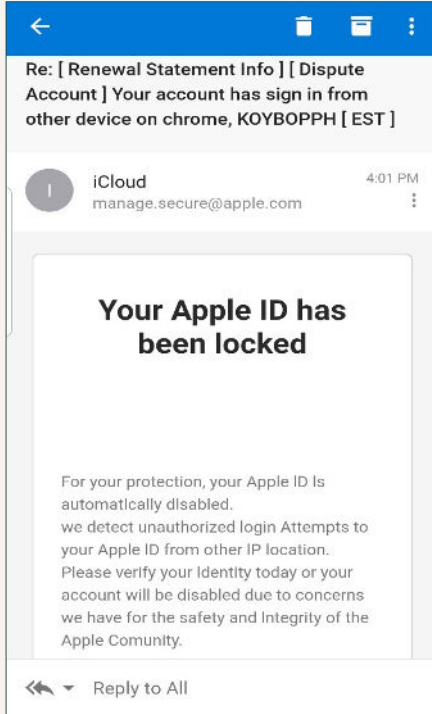
The background is a dark green color. In the upper left, the text 'Breach Trends' is written in a light yellow, sans-serif font. On the right side, there is a graphic consisting of several parallel lines that radiate from a point near the bottom center towards the top right corner. These lines are in a slightly lighter shade of green than the background. At the bottom of the page, there are several thin, horizontal, parallel lines that span the width of the page.

Common Threats

An abstract graphic consisting of several thin, parallel lines that originate from a point on the left side of the bottom edge and fan out towards the right side of the image. The lines are a light gray color and create a sense of depth and movement against the dark green background.

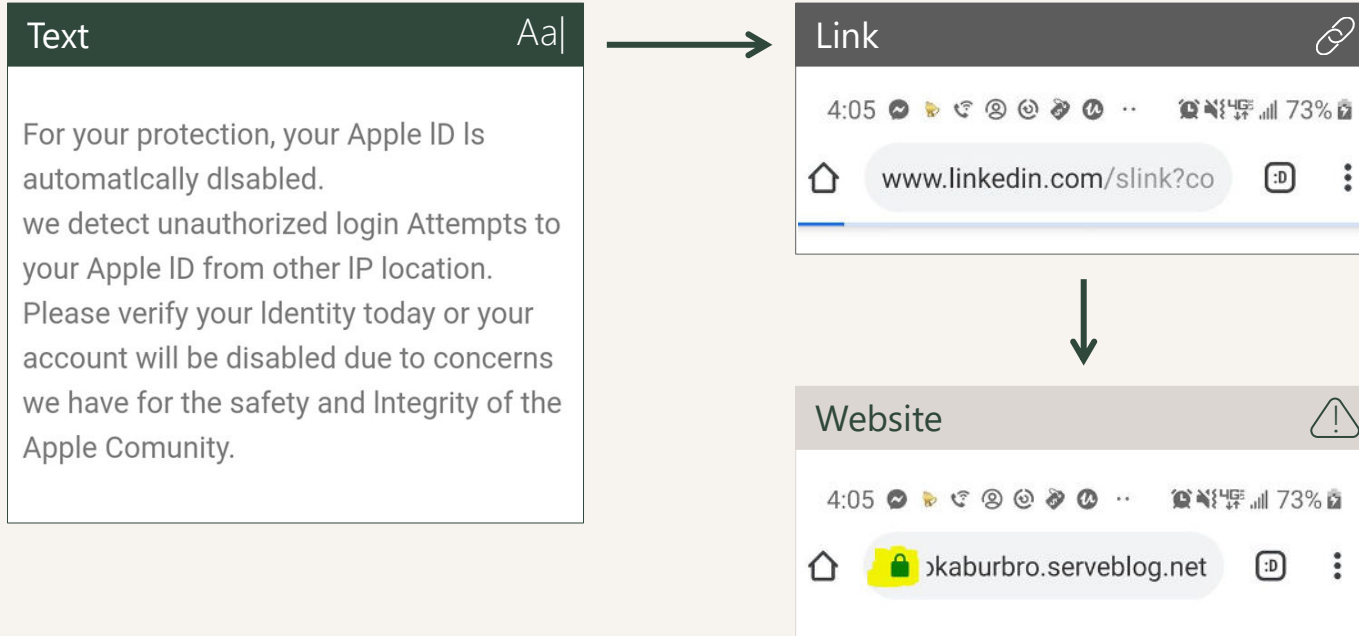
Email Phishing Scams

In the past year, 76% of businesses reported that they had been the victim of a phishing attack.



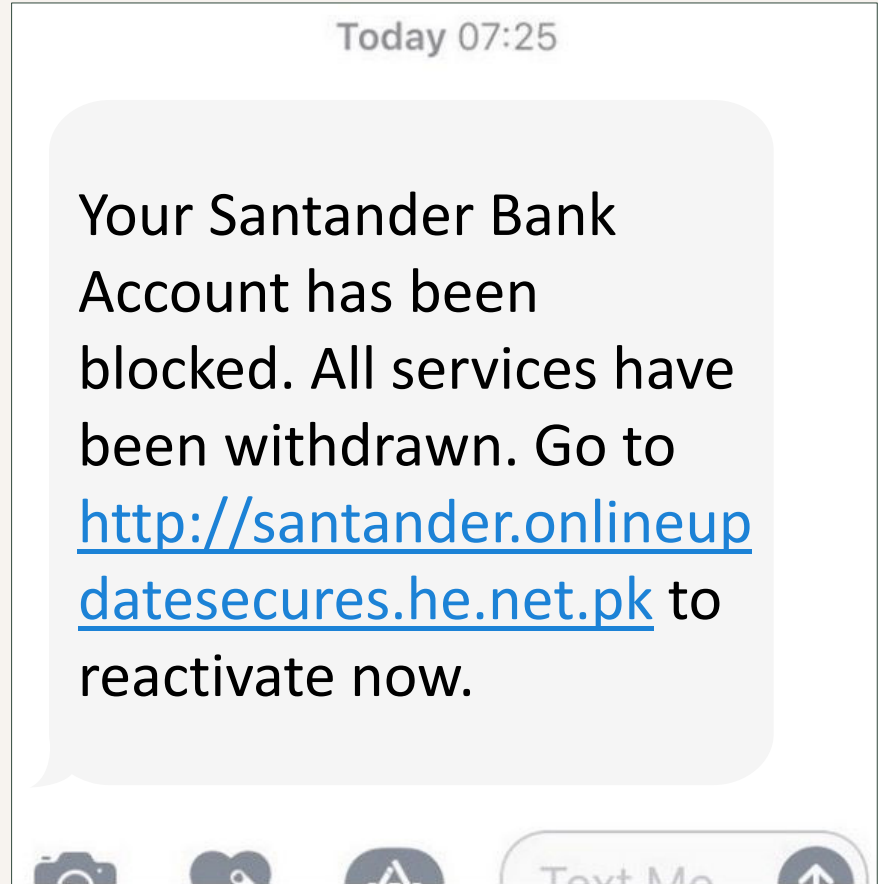
Email Phishing Scams

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Phone Scams

- **Vishing (voice phishing)**
attacks through phone calls
or voice messages
- **Smishing (SMS phishing)**
attacks through text messages



Malware

Wana Decrypt0r 2.0

Ooops, your files have been encrypted! English



What Happened to My Computer?

Your important files are encrypted. Many of your documents, photos, videos, databases and other files are no longer accessible because they have been encrypted. Maybe you are busy looking for a way to recover your files, but do not waste your time. Nobody can recover your files without our decryption service.

Can I Recover My Files?

Sure. We guarantee that you can recover all your files safely and easily. But you have not so enough time. You can decrypt some of your files for free. Try now by clicking <Decrypt>. But if you want to decrypt all your files, you need to pay. You only have 3 days to submit the payment. After that the price will be doubled. Also, if you don't pay in 7 days, you won't be able to recover your files forever. We will have free events for users who are so poor that they couldn't pay in 6 months.

How Do I Pay?

Payment is accepted in Bitcoin only. For more information, click <About bitcoin>. Please check the current price of Bitcoin and buy some bitcoins. For more information, click <How to buy bitcoins>. And send the correct amount to the address specified in this window. After your payment, click <Check Payment>. Best time to check: 9:00am - 11:00am GMT from Monday to Friday.

Payment will be raised on
5/16/2017 00:47:55
Time Left
02:23:57:37

Your files will be lost on
5/20/2017 00:47:55
Time Left
06:23:57:37

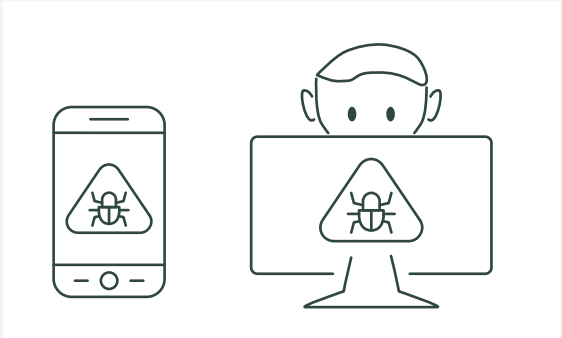
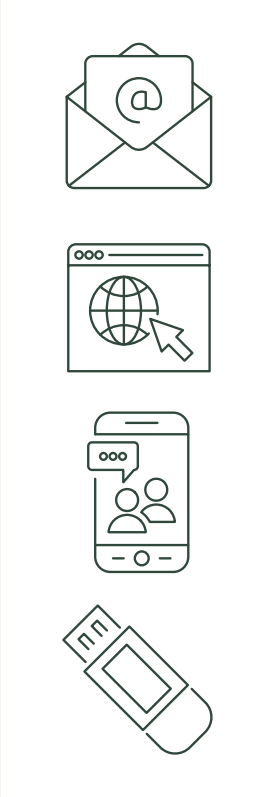
[About bitcoin](#)
[How to buy bitcoins?](#)
[Contact Us](#)

Send \$300 worth of bitcoin to this address:

 **bitcoin**
ACCEPTED HERE

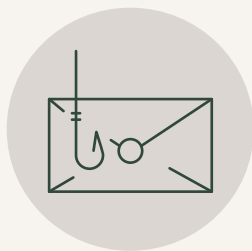
12t9YDPgwueZ9NyMgw519p7AA8isjr6SMw Copy

Malware



Ransomware

- Criminal holds a victim's data at ransom
- Even if a ransom is paid, it is not always guaranteed the data will be returned to the victim



Victim receives phishing email containing malicious attachment



Malware is installed on victim's device



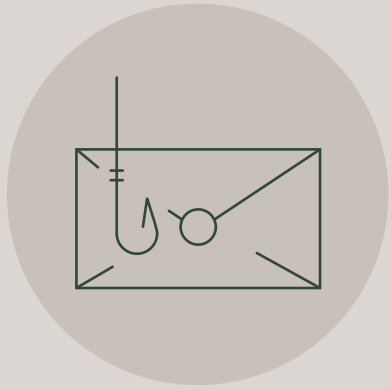
Victim's files are encrypted by criminal and cannot be accessed without decryption key



Criminal demands ransom in exchange for decryption key

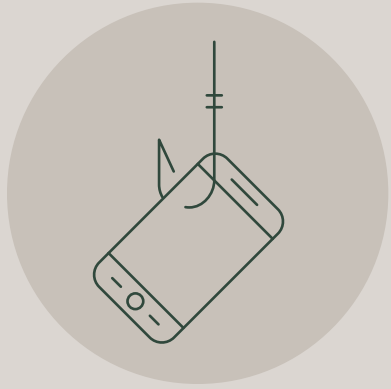
Best Practices

A decorative graphic on a dark green background. It features a series of horizontal lines on the left side that transition into a fan-like shape of radiating lines extending towards the right. The lines are in various shades of green, creating a sense of depth and movement.



Email Phishing Scams

- Do **not** click on unfamiliar links
- Delete the email, do **not** forward the email
- Verify with the sender through a phone number you are familiar with
- Do **not** provide sensitive information
- When in doubt . . . throw it out! Report suspicious emails through your email provider



Phone Scams

- Do **not** open links from unknown SMS text messages
- Do **not** provide sensitive information to an unknown caller
- Verify the phone number and call the institution directly



Malware Infection

- Keep your internet browser updated
- Do **not** open email attachments without verification
- Do **not** download software from untrusted sources
- Avoid using USB removable drives from untrusted sources

Strong Passwords Can Make a Difference

Passwords	Time to Crack
common	Seconds
Ge8%#B	Minutes
C0mm0nw34lth	One Day
tlpWENT2mkt.	Months-Years

Passwords

- Use long, complex passwords and passphrases.
 - I am Secure Today → #IamS3cure!T0day
- Change your passwords regularly.
- **Do not** use the same password for multiple accounts.
- **Do not** use personal identifiers within your password.
- **Do not** use a full dictionary word.

Password Safety Tools

- Password managers
- Multifactor authentication (MFA)



Keeping Your Devices and Accounts Safe

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Best Practices



Use strong, complex passwords and passphrases

- Minimum of 12 characters, using a combination of:
 - Upper- and lowercase letters
 - Numbers
 - Symbols (!@#\$%^&*)
- Do not reuse passwords for multiple accounts



Enable multifactor authentication (MFA)

Requires you to provide two or more verification factors to gain access to a resource such as an application, online account, or VPN



Enable alerts on accounts

Get notified about suspicious activity on your accounts

- Logins from unrecognized devices
- Transactions on financial accounts
- Password and/or settings updates

Best Practices



Perform regular updates on devices and apps

- Fixes vulnerabilities that criminals attempt to exploit
- Set devices to automatically perform updates once they are available or perform updates as soon as they are available



Be wary of untrusted sources

- Verify the legitimacy of a request, before:
 - Clicking on links or opening attachments
 - Downloading software or files
- Do not provide sensitive information over the phone or email



Establish backup processes for your systems

- Get notified about suspicious activity on your accounts
- Ransomware attacks
 - Lost/stolen devices
 - Damaged devices

Preventing Identity Theft

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Social Security

Create a My Social Security Account

- Visit www.SSA.gov
- Prevents cybercriminals from accessing your social security benefits or creating an account under your name
- Ideal for people age 65+ or those who collect benefits, but available for everyone

Create your personal *my* Social Security account today

A free and secure *my* Social Security account provides personalized tools for everyone, whether you receive benefits or not. You can use your account to request a replacement Social Security card, check the status of an application, estimate future benefits, or manage the benefits you already receive. All from anywhere!

Create an Account

Sign In

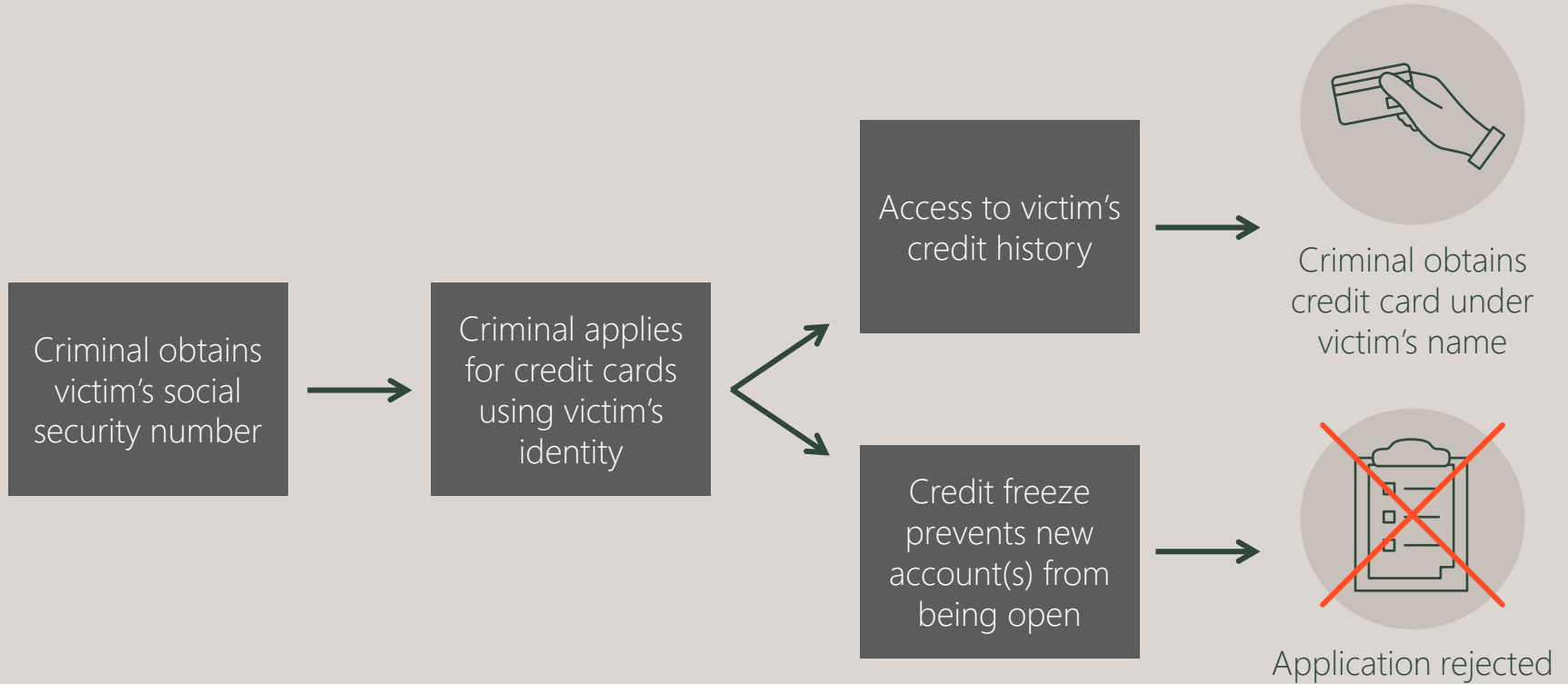
[Finish Setting Up Your Account](#)



Freeze Your Credit

- Prevents new account fraud
- No cost – **free!**
- Must be filed individually with each credit bureau
- Quick to lift or “thaw” a frozen account if you need to apply for a new account
- Does not affect open accounts or credit scores
- Available for everyone – **even children!**

Credit Freeze Vs. No Credit Freeze



Lifting a Credit Freeze



You apply for an auto loan



Access to credit history



Application approved

You lift the freeze with a PIN

You freeze the report again



How to Obtain a Credit Freeze

Contact each of the 3 credit bureaus:

- **Equifax:** 800-349-9960
- **Experian:** 888-397-3742
- **TransUnion:** 888-909-8872

Credit freezes can also be placed on each of the credit bureau websites or by mail.



Protecting the Paper in Your Life

- Store documents in a secure location (i.e., lockbox, locked filing cabinet)
- Retrieve mail as quickly as possible
- Take outgoing mail directly to the post office
- Pay bills online and opt for paperless statements
- Use gel pens when writing checks
- Use a shredder before disposing



Secure Data Disposal

Documents with personal data should be disposed of properly with secure shredders:

- Social security numbers
- Birthdates
- Account numbers
- Passwords
- PINs

Secure shredders:

- Cross cut
- Diamond cut
- Micro cut

Questions?

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Thank You

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